

# AAWT - EQUIPMENT LIST

**Ver.March 2018**

ITEM.	WEIGHT - incl. packaging. - gm	COMMENT.
<b>BASICS.</b>		
Airport Pack Carry Bag + Padlock		Airport travel only
Pack -Exped Lightning 65 + Flash Pack Pocket (est.5 litres)		Attached is ZPack bag, about 3 litres.
+ Pack Cover - Exped		Pack is NOT waterproof as advertised.
+ Inner Liner ?? - S 2S or Expel		To suit pack
Day Pack - Mac Pac Ultralight		Airport travel only.
Tent - 2 man - ZPacks Duplex Flex with Poles - incl. guy ropes x 4 + pegs x 6 - CHECK		
Ground Sheet /Door Mat / Footprint		???????????????
Walking Poles - pair- Helinox LBB135		
Sleeping Bag - Mont Helium 300		check MODel
Sleeping Bag Liner - Mont silk		
Sleeping Mat - Exped Synmat Hyperlite + Schnozzle Bag (pump)		
Pillow - S2S 'blow up'		
<b>Water Containers:</b>		
Pack Tap S2S 2ltr		
Pack Tap S2S 4ltr		
Bladder - Hydrapak 2ltr		
Bottle -Hydrapak Seeker Flexible 2ltr		
Bottle - Hydrapak Flexible 0.8ltr		
Bottle -Salomon Flexible 0.5ltr		
Water Purification - Micropor Tablets		@ 1/litre, allow 6/day - in 'Food Stuffs'
Life Straw		???????????
Compass + notepad + roamer etc		See Repair Kit - 'Common & jb'
Head Torch Black Diamond Storm.		No spare batteries - not required.
Whistle		
Emergency Blanket		
<b>ELECTRONICS</b>		

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iPhone7+ in full protective case +		Plug to suit recharger set up
Power Banks - Cygnet 10,000mAh + 2 x Swiss 6,000mAh.		See seperate Schedule, max.carry 2 @ any 1 time.
Charging Accessories - Plug / USB Cable - USB to iPhone7+ Cable - USB to Power Bank		Geoff also to be able to charge iPhone from car &/or mains power.
SPOT + accessories		See Repair Kit - 'Common & jb'
GPS + accessories ( Garmin GPSmap62s)		See Repair Kit - 'Common & jb'
PLB + accessories (kti - SA2G)		See Repair Kit - 'Common & jb'
<b>KITCHEN:</b>		
MSR Pocket Rocket Stove + 2 x Lighters + 1 x Waterproof Matches		
Gas - in nett 100gm & 230gm sizes. Equivalent 'full days' are : S1- 6 [180gm]; S2 - 4 [120gm]; S3 - 6 [180gm]; S4 - 4 [120gm] So carry: S1 - 230 +100 [ to do S1 & S2] S3 - 180 [ this what left in used 230] - with carry over from S2 of 50gm should be ok. S4 - 100		Usage based on 30gm/person/'full day.[am & pm/evening boil-ups]. This will be tight - Geoff may need to purchase additional - advise as necessary. See seperate schedule.
Pot with Lid - 800ml		1 person - eat out of the pot!
Mug		
Utensils - sharp & flat blade knives, long handled spoon, spork		
Detergent [Wilderness Wash] + Scrubber [part Scotch-Brite] + Dish Cloth [0.25 Chux] + Tea Towel [part microfibre towel]		Quantity varies in sections - say Wild.Wash 65gm; Scrubber 6gm; Dish Cloth 6gm; Tea Towel 21gm [also used to wrap stove carried in Pot]
<b>Repair Kit</b>		see detailed list - "Common (Shared) + jb.
<b>First Aid Kit</b>		see detailed list - "Common (Shared) + jb.
<b>Ostomy Gear</b>		see detailed list
<b>ODDS &amp; SODS</b>		
Rubbish Bag		S1 / S2 only - reuse ziplock packing bags
Storage Cells, Stuff Sacs, Compression Bags, Mesh Bags etc.		Generally included with the various items
<b>ADMINISTRATION</b>		

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Medical Info.,+ Travel Ins.,+ Tickets [Air, Rail ], Copies of cards , Drivers Licence etc		See Repair Kit - 'Common & jb"
Wallet c/w Master Card + Cash		Kathmandu
Drivers Liscence, Medicare, Pension AHM m/ship, Organ Donor, Advance Health Directive etc.		See Repair Kit - 'Common & jb"
Information / Reference sheets .		See Repair Kit - 'Common & jb"
Maps,Notes, Guide Books, Waypoints etc. Spare pencils, pens.		See Repair Kit - 'Common & jb"
Travel Diary Notebook		
Document Bag S2S - half size A4		
<b>TOILETRIES</b>		
Toothbrush		
Toothpaste -		S1 & S3 only
Washer [Face Cloth]		
Bar Soap -		S1 & S3 only
Widerness Wash		CHECK RE KITCHEN DOUBLE UP???
Cleansing Wipes - Swissper -		Pack of 5, each Section.
Nail Clippers - mini		
Sun Screen SPF50 + Cap Stick + Bushmans Insect Repellant		See First Aid Kit - 'Common & jb.
Hand Sanitiser - Dettol		S1 & S3 only
Tek Towel - medium		
Toilet Paper (re rolled @ 45 - 60 sheets / roll)		20 leaves / day
Glasses - reading + spare pair		
- sun [ Fuglies]		